

September 2019 Menu



Main Meals include 250 ml white milk or juice (\$4.25)
with 250 ml chocolate milk (\$5.00)



Cheques made payable to Cobequid Schools Catering Society

	Monday	Tuesday	Wednesday	Thursday	Friday
	2	3	4		6
Choice #1					
Choice #2					
	9	10	11	12	13
Choice #1					
Choice #2					
	16	17	18	19	20
Choice #1					
Choice #2					
	23	24	25	26	27
Choice #1	Chicken Caesar Salad	Taco Tuesday	Taco Salad	Cheese Pizza & cookie	Site Based Inservice No Classes for Students
Choice #2	Lunchables	Mac& Cheese	Ham Potatoes & Veggies	Hamburger & Yogurt	

Choice #3 ALL MONTH - Grilled Cheese

Recess Items (when available)

Pretzels	1.00
All Fruit Slushie	1.00
Baked Chips	1.00
Freshly Baked Cookie	0.50
Frozen Yogurt	1.00

Other Lunch Items (available everyday)

Grilled Cheese Sandwich	2.50
Bagel with cream cheese	2.50
Bagel with butter	2.00

Beverages

250 ml white milk	0.40
250 ml chocolate milk	1.50
500 ml bottle water	1.00
Small apple juice	0.60

