



Winding River Consolidated

December 2019 Menu/Newsletter

Main Meals include 250 ml white milk or juice (\$4.25)
with 250 ml chocolate milk (\$5.00)



Cheques made payable to Cobequid Schools Catering Society

	Monday	Tuesday	Wednesday	Thursday	Friday
	25	26	27	28	29
Choice #1	Pancakes & Fruit	Taco Tuesday Grilled Cheese & cookie	Taco Salad Mac & Cheese	Ham Dinner	Inservice NO SCHOOL FOR STUDENTS
Choice #2	Pizza Wrap	INTERVIEW TIMES SENT FOR PARENT TEACHER	REPORT CARDS DISTRIBUTED MOVEMBER: PURCHASE A MOUSTACHE 1.00	Chicken Wrap Parent Teacher 5-7 pm	Parent Teacher 8:30-11:00am
	Dec 2	3	4	5	6
Choice #1	Grilled Cheese & cookie	Taco Tuesday	Lasagna & Breadstick	Hamburger & veggies	Pepperoni Pizza
Choice #2	Breakfast Sandwich	Pizza Sub & fruit	Deli Wrap & veggies	Chicken Soup & Crackers	Chicken Alfredo
	9	10	11	12	13
Choice #1	French Toast & yogurt	Taco Tuesday Ham & Cheese Sub	Taco Salad & Fruit	Garlic Slice & a cookie	Cheese Pizza
Choice #2	Lunchable Concert Rehearsal	Christmas Concert DAY: 12:30 EVE: 6:30	Chicken Nuggets Fries & Veggies	Chicken Potato Bowl	Chicken Burger & a slushie
	16	17	18	19	20
Choice #1	Grilled Cheese & fruit	Turkey Dinner FREE	Spaghetti & Breadstick	Sweet & Sour Meatballs & Rice	Pepperoni Pizza
Choice #2	Chicken Wrap & fruit	Grade 6 Curling Don Henderson Sportsplex	Hot Turkey Burgers	~ Turkey Soup	Grilled Cheese & fruit LAST DAY OF SCHOOL
	Jan 6	7	8	9	10
Choice #1	Hamburger & veggies	Taco Tuesday	Taco Salad & Fruit	Chicken Caesar Salad	Pepperoni Pizza
Choice #2	Lunchable FIRST DAY BACK	Hot Dog & Oven Fries	Mac & Cheese	BBQ Chicken Pizza	Grilled Cheese & Veggie Sticks

Choice #3 ALL MONTH – Deli Wrap

Recess Items (when available)

Muffins	.50
All Fruit Slushie	1.00
Baked Chips	1.00
Freshly Baked Cookie	0.50
Frozen Yogurt	1.00
Breadstick	1.00

Other Lunch Items (available everyday)

Grilled Cheese Sandwich	2.50
Bagel with cream cheese	2.50
Bagel with butter	2.00

Beverages

250 ml white milk	0.40
250 ml chocolate milk	1.50
500 ml bottle water	1.00
Small apple juice	0.60

